

Wide Horizons Pre-Monitoring Form

Please take the time to complete this form in BLOCK CAPITALS.

Name

Gender (please circle)

Male

Female



Very
unhappy



Unhappy



Okay



Happy



Very
happy

How do you feel about
Get Out, Go Wild?



Please write one word to describe how you feel about the programme?

Do you have any concerns or worries about the programme?

What are you most looking forward this week?

What do you think you will learn this week?

On a scale of **1-10**, how much would you agree with the following statements?

1 = I am not very good at this at all

5 = I am okay at this

10 = I am the best I can ever be at this

I understand the importance of listening

I am able to make myself heard

I understand how my actions can affect other people around me

I am able to work with others to complete a task

A lot of things about me are good

I can do lots of things well

I am able to keep going when things get hard

I am able to stay focussed for long periods of time

I am able to take care of myself and my belongings

I think about dangerous situation when I am playing outside

I understand lots about nature

I care about the environment

I find it easy to trust people

I think people trust me

Thank you for completing the form. Please hand this form back to your youth worker when you have completed it

Get Out, Go Wild Post-Monitoring Form

Please take the time to complete this form in BLOCK CAPITALS.

Name

What was your highlight of the week?

What have you learnt this week?



Very
unhappy



Unhappy



Okay



Happy



Very
happy

How do you feel about
Get Out, Go Wild?



Please write one word to describe how you feel about the programme?

Are you proud of what you have done this week?

Yes	No	Not sure
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Would you like to come on Get Out, Go Wild again?

Yes	No	Not sure
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How much fun did you have this week?

None	A little	Quite a bit	A lot	Loads
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On a scale of **1-10**, how much would you agree with the following statements?

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If you were going to tell a friend about Get Out, Go Wild what would you say?

Thinking about your experiences during the week, please complete the sentences below by giving an example ...

I used good communication skills when

I used good team work skills when.....

I trusted my team mates when

I really tried hard to

Something I learnt about myself during the week is

If you have any more comments you would like add about Get Out, Go Wild we would love to hear them!

Thank you for completing the form.
Please hand this form back to your youth worker

